

May 2007 South Coastal MA IG Letter

Dear Secretary:

Please read several times between receipt of this letter and May 20.

Thank you.

Dear OA Sisters and Brothers,

Ongoing recovery is a paradox: It's selfish and selfless at the same time. If you've been around for any length of time, you know that solid abstinence starts with adhering to a healthy food plan but involves so much more. As we say, we can't keep what we have unless we give it away.

If you're hearing these words, you're clearly one of those who *is* giving it away; that is, you're doing service. Yes, you're attending this meeting right now to aid your own recovery. At the same time, though, if each of you decided not to be here today, there'd be no meeting. So, on the most basic level, you're serving others.

In fact, according to reports from around our Intergroup, attendance at many meetings has increased this year, despite our financial and other difficulties. Simply by showing up, then, you're helping the Intergroup as well as yourself. So keep coming back.

Speaking of meetings, we've added a 30th member to the South Coastal Mass. family – the Wednesday night Anorexic/Bulimic emphasis group. The meeting, which is now registered with World Service, is held Wednesday nights, 7 p.m. at the House of Prayer Lutheran Church on Route 228 in Hingham at the same time as the ongoing speaker meeting there.

Lastly, thanks for your ongoing generosity – it's astounding. We continue to get checks from groups and individuals both from our own and other Intergroups. We're still in the woods but we can see the way out. Please keep passing the basket a second time and we'll keep paying off our creditors and restore financial stability over the next year.

If you have any questions or comments in the meantime, contact the Intergroup at southcoastal.mi@comcast.net, or at SCMI, PO Box 336, Hull, MA 02045-0336, or call 781-925-1903.

Why not step up to the next level by attending our next Intergroup meeting Sunday, May 20, 12:15 p.m. at Jordan Hospital Funkhouser Room.

Your South Coastal MA Intergroup Board